

# **2025 State of Discipleship** **Exercising Faith™**

**A SURVEY OF AMERICAN PROTESTANT CHURCHGOERS**

**Lifeway** research

# Methodology

- The online survey of 2,130 Protestant churchgoers was conducted March 19–26, 2025 using a national pre-recruited panel
- Respondents were screened to include those who identified as Protestant/non-denominational and attend religious services at least once a month
- Respondents could complete the survey in English or Spanish
- Quotas and slight weights were used to balance gender, age, region, ethnicity, education, and denominational affiliation
- The completed sample is 2,130 surveys
- The sample provides 95% confidence that the sampling error from the panel does not exceed  $\pm 2.21\%$  This margin of error accounts for the effect of weighting
- Margins of error are higher in sub-groups

# Signpost V – Exercising Faith

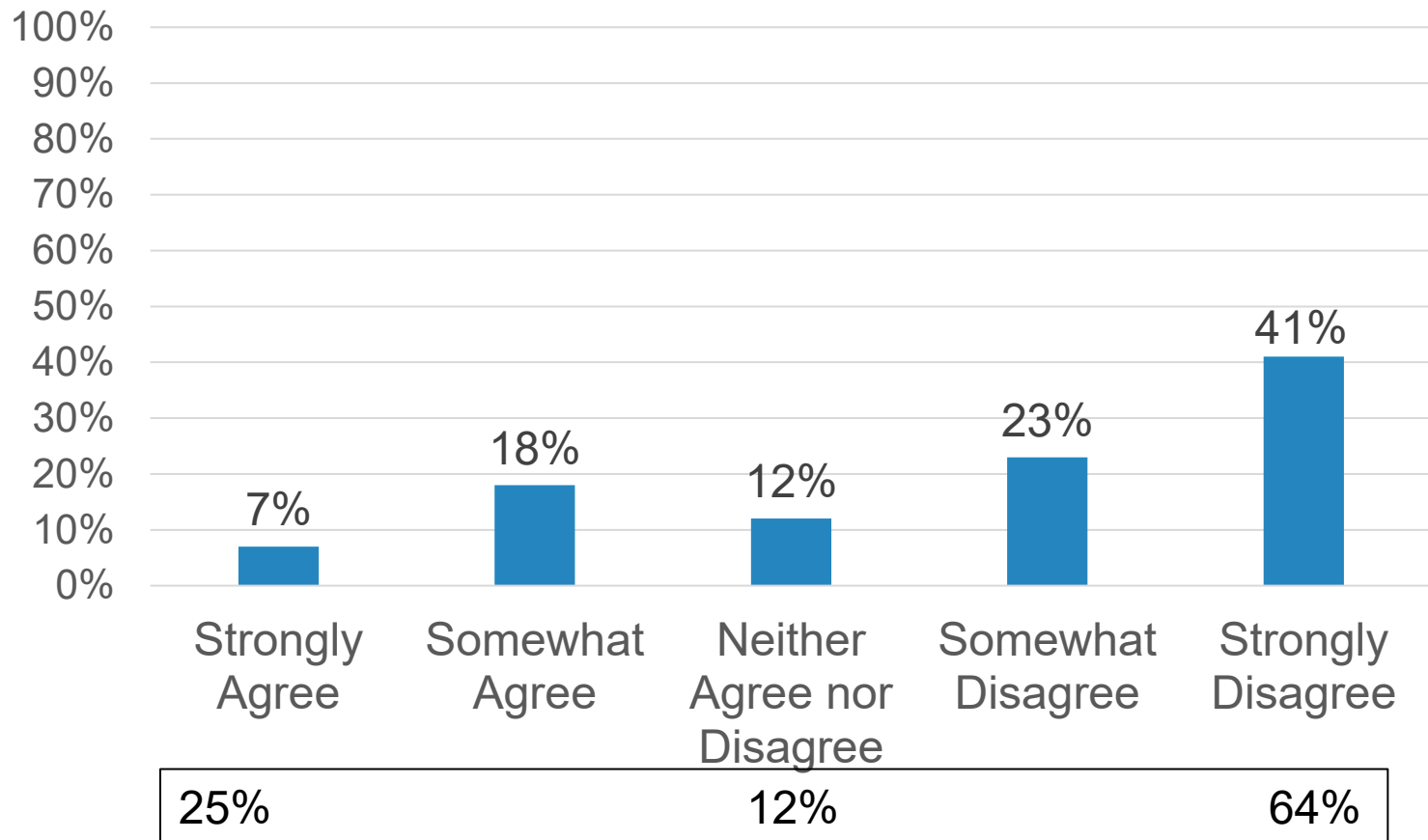
Exercising Faith is one of eight signposts in the DisciplesPath assessment. These five questions form a validated scale\*. Together they reliably measure an individual or a group's progress in exercising faith.

This report describes the beliefs, desires, and actions of Protestant churchgoers in the United States around exercising faith. On a scale of 0 to 100, the average churchgoer scores 71.6 on Exercising Faith, placing it fourth among the signposts.

\*The Exercising Faith™ scale is a proprietary measurement tool and is not to be used without prior permission from Lifeway Christian Resources.

# “During difficult circumstances, I sometimes doubt that God loves me and will provide for my life”

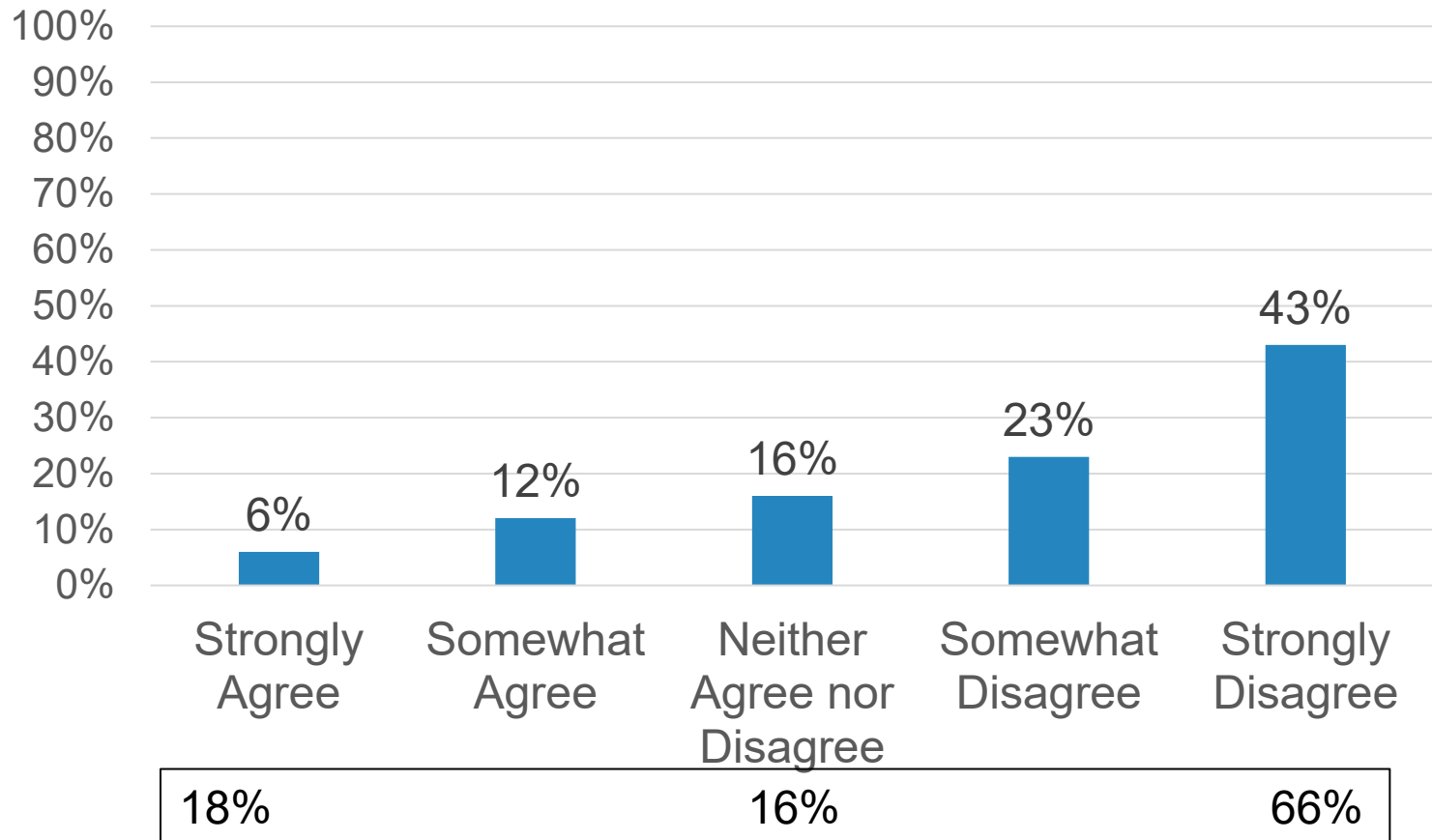
Among Protestant Churchgoers



Lifeway research

# “Sins which only affect me are not as harmful as other sins”

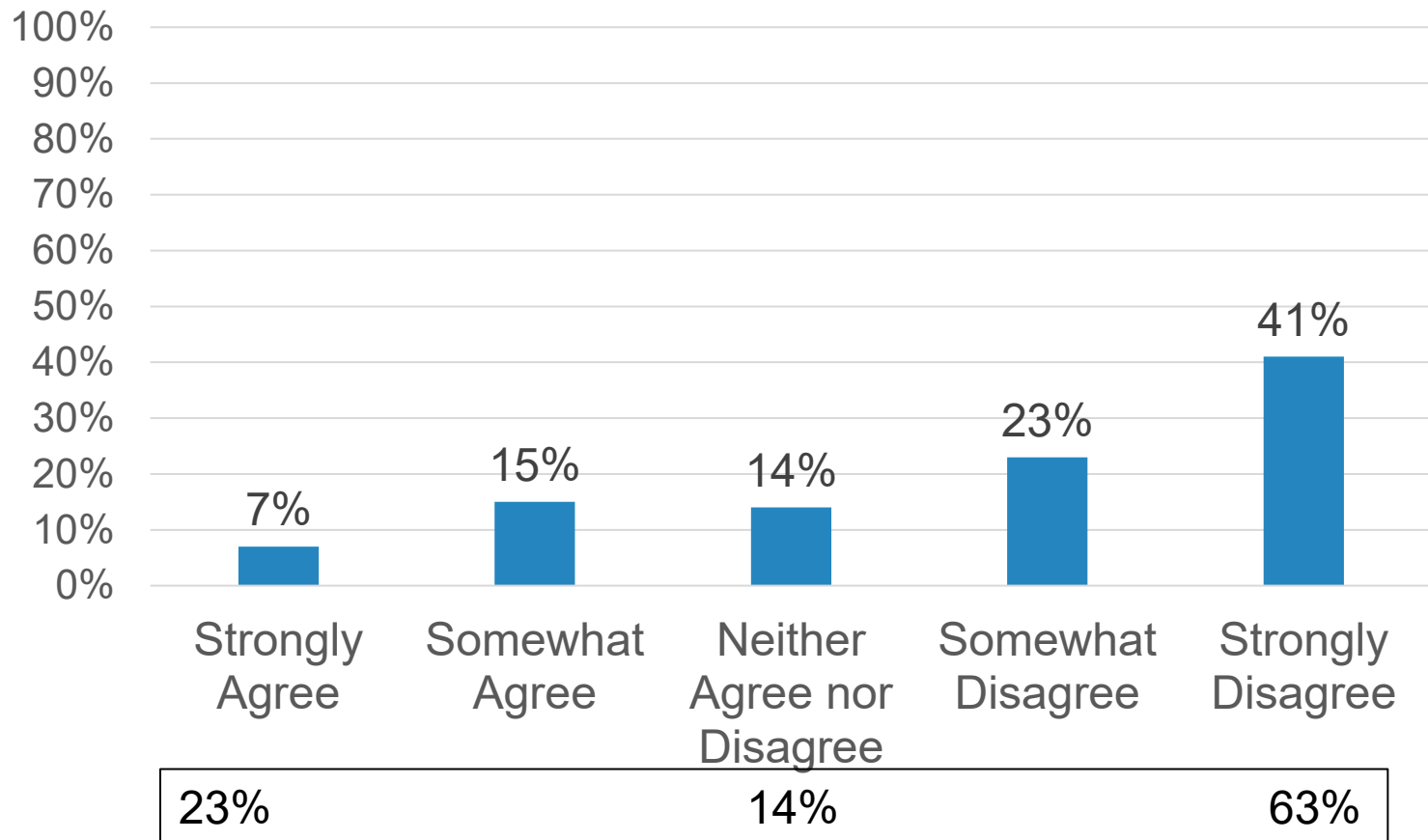
Among Protestant Churchgoers



Lifeway research

# “I sometimes doubt that God can change the lives of non-Christians I know”

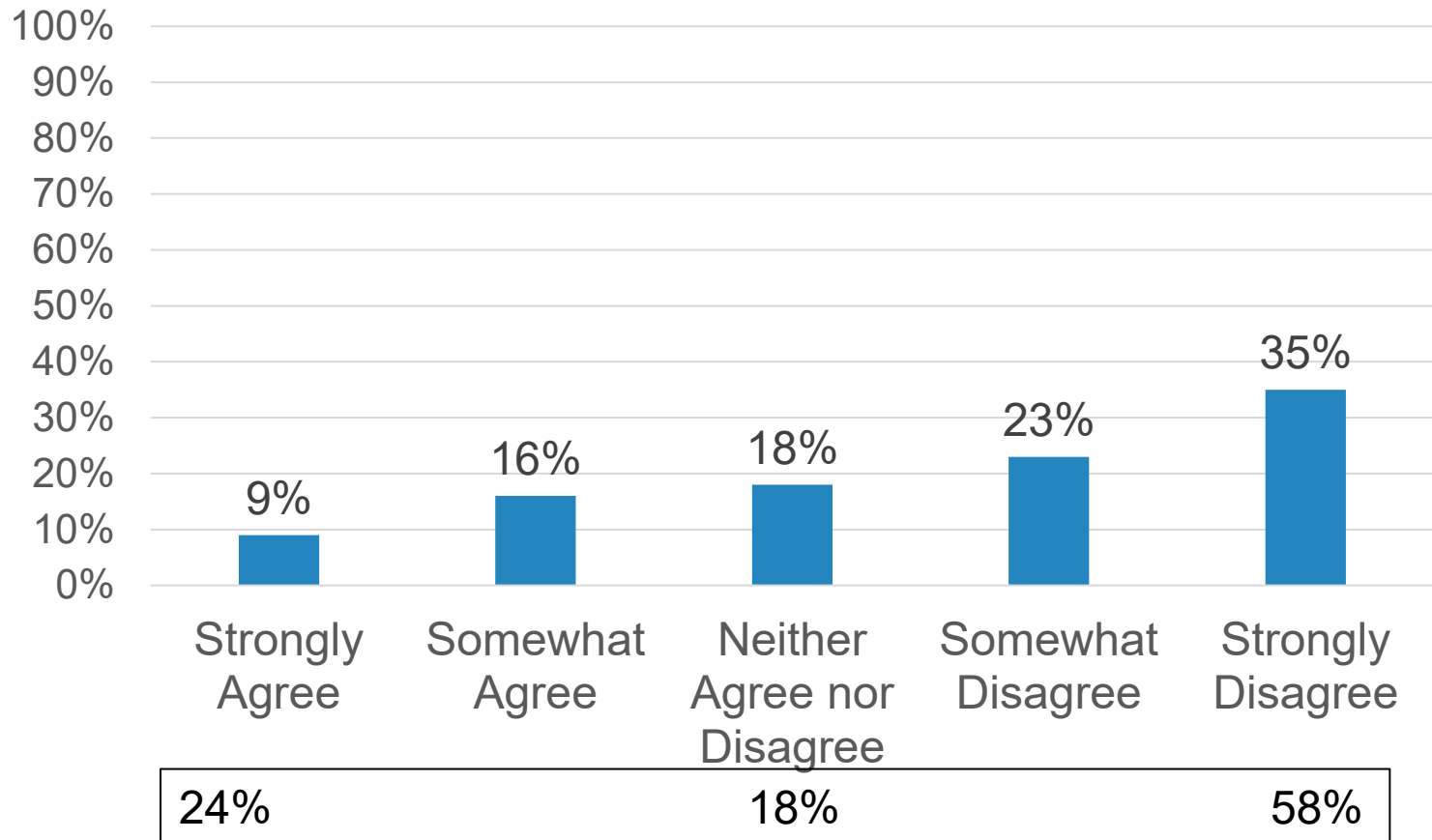
Among Protestant Churchgoers



Lifeway research

# “When things happen in my life I can’t explain, I typically doubt that God is involved”

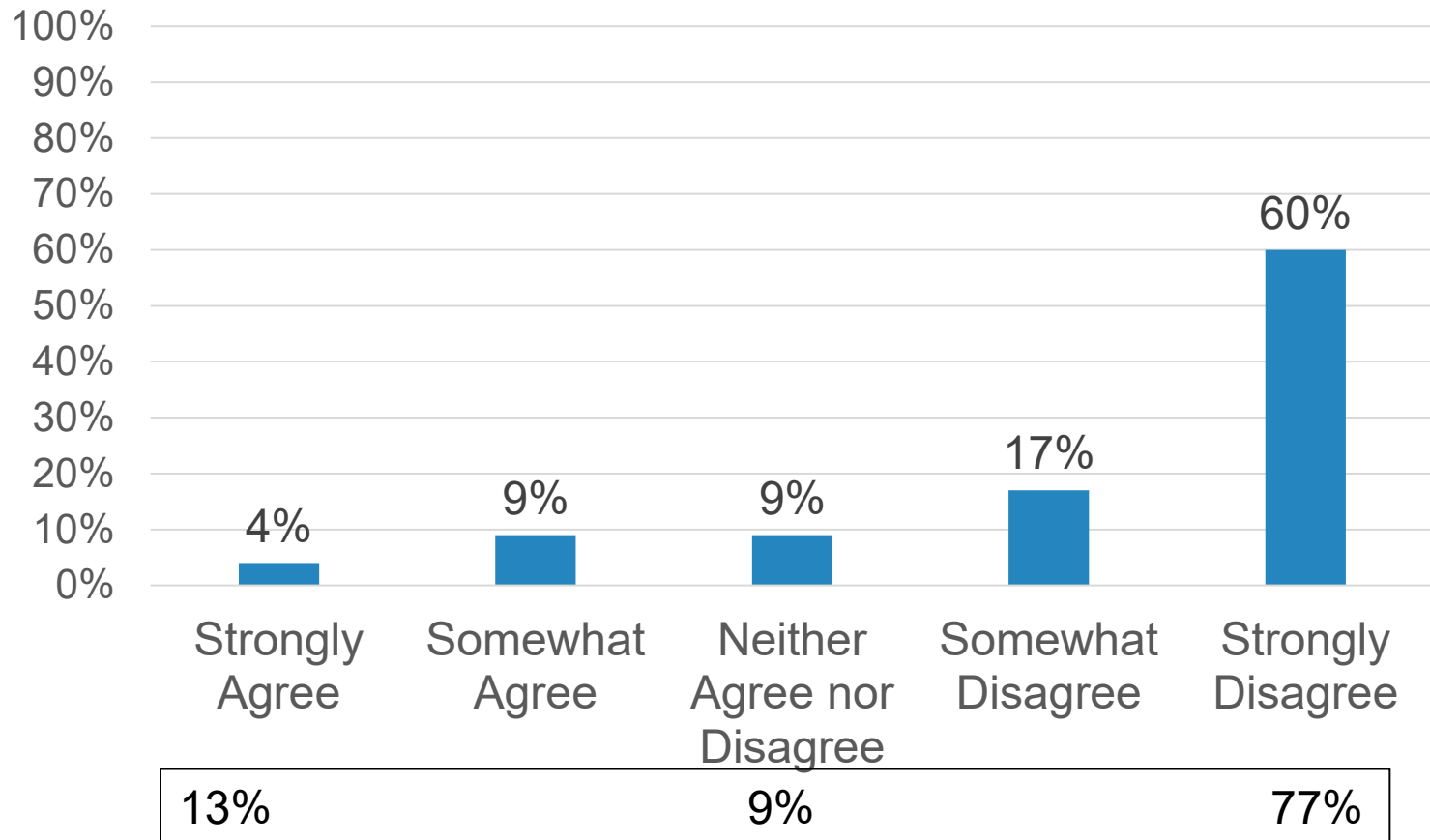
Among Protestant Churchgoers



Lifeway research

# “I don’t need God’s help very often”

Among Protestant Churchgoers



Lifeway research

Q44\_4: "I don't need God's help very often" n=2,130